

# Simplot Games Track Camp Registration

Register online at  
<http://TrackCamp.SimplotGames.com>

**No On-Campus Overnight Option or  
Mail-In Registration This Year**

Check website for hotel information.

## Commuter w/Meals \$200

Includes 5 coaching sessions, camp shirt and lunch on Wednesday and Thursday. You are responsible for transportation to/from the camp each day.

## Sign up with a friend and save!

Register online on the same day as a friend and receive \$20 off each of your camp fees. You must list your friend's name in the space at the bottom of the online form.

## Registration deadline June 25, 2021.

Please complete the online registration form at [TrackCamp.SimplotGames.com](http://TrackCamp.SimplotGames.com). You will receive an email with instructions on how to make your \$50 deposit. When your deposit is received you will be sent a release and medical forms.

**All forms and the balance of payment must be returned postmarked no later than July 2, 2021.**

**Deposit is non-refundable after this date.**

### Simplot Games Track Camp

(208) 251-4818

E-mail: [SimplotGamesTrackCamp@hotmail.com](mailto:SimplotGamesTrackCamp@hotmail.com)

Simplot Games Track Camp is produced by Podium Sports, LLC.

# 2021 Simplot Games TRACK CAMP

July 7-9, 2021

Idaho State University Campus

Ages 12-18



*"The Simplot Games Track & Field Camp is designed to strengthen athletic skills and build a winning attitude. Top technical coaching is the heart of our program, but we also emphasize discipline and sportsmanship. We will build more spirit and character than most camps because our staff spends more time with the campers. High-quality coaching with one-on-one attention will be offered with lectures, films, and demonstrations on the latest training techniques. Staff members will also teach campers about other aspects of competition such as nutrition, relaxation, visualization, and commitment."*



**Only 150 spots-  
Register Now!**

# 2021 Simplot Games TRACK CAMP

Presented by  
Olympic Legend  
Dick Fosbury



With Olympians,  
■ Dick Fosbury  
■ Andre Phillips  
■ Willie Banks  
■ George Walcott  
...and an all-star cast  
of clinicians.

*Dick Fosbury*

July 7-9, 2021  
Idaho State University Campus

Ages 12-18

Take it to the next level!

Simplot  
Games

North America's Premier Indoor High School Track and Field Event

IDAHO STATE UNIVERSITY

[www.SimplotGames.com](http://www.SimplotGames.com)

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# 2021 Simplot Games TRACK CAMP

July 7-9, 2021  
Idaho State University Campus

Presented by  
**Olympic Legend  
Dick Fosbury**



If winning drives you...  
If you're fired with the desire to  
compete at your highest level...

**You won't want to miss the 2021  
Simplot Games Track Camp on the  
Idaho State University campus.**

You'll learn some of the finer points of technique  
from Olympians and leading coaches. You'll also  
learn about some of the qualities of character  
that make a champion – qualities like persistence,  
self-discipline and giving it 100 percent.

Admission is strictly limited to 150 athletes.  
Get your application in today!

**No On-Campus Overnight Option  
or Mail-In Registration This Year**

Check website for hotel information.

**Commuter (\$200) Includes:**

- 4 Coaching Sessions ■ Evening Activities
  - Lunch 2 Days ■ Track Camp T-shirt
- (All athletes will be supervised by track camp representatives during the entire stay.)

**Sign up with a friend and save!**

Send in your registration along with a friend  
and receive \$20 each off camp fees.  
(Send in or register at the same time.)

**Camp T-Shirt Contest**

The winner will have their camp fee reimbursed  
and their design used on this year's t-shirt.

See [www.SimplotGames.com](http://www.SimplotGames.com)  
for details.

**Camp Executive Director –  
Shannon Whitmer**

A standout distance runner while attending  
Idaho State University, Shannon today is a  
coach and teacher at Pocatello High School.



## Olympians – Special Guests

### High Jump – Olympian and Hall-of-Famer Dick Fosbury

Originator of the "Fosbury Flop," and 1968 gold medalist in the high jump. Dick will be working with the jumpers on their approaches, takeoff and clearance; instructing bounding and strength exercises; and observing their individual techniques for improvements.

### Hurdles – Olympian Andre Phillips

1988 gold medal winner in the 400 hurdles. Andre is known for making his clinics and coaching sessions both fun and instructive. His teaching skills are a product of both his love for students and his professional training – he is an assistant principal at Franklin High School in Stockton, California, and still works with special education students.

### Triple & Long Jump – Olympian and Hall-of-Famer Willie Banks

Triple jump world record holder, three-time Olympian. Willie will be working with athletes on approaches and jumping techniques, take-off and body position in the air. He will be observing athletes' techniques and providing feedback on how they can improve. Willie will cover bounding and strength drills, and a break-out session on effective calisthenics.

### Sprints – George Walcott

George is a three-time Jamaican Olympic Trials qualifier. He has competed at the World Championships and in the Pan American Games. He is a PAC-10 200-meter champion, four-time Arizona Junior College sprint champion, and NCAA 200-meter champion. George was the men's & women's sprint coach at the University of Oregon for eight years and is currently the head track & field coach at Winston Churchill High School in Eugene, Oregon.



## Idaho State University Coaching Staff

**Hillary Merkley, Head Coach – Career accomplishments:** Won two Big Sky championships – the 1999 indoor shot put championship, and the 2001 outdoor heptathlon championship. She holds the indoor shot put record with a distance of 48-0 1/4, ranks third in the pentathlon with a score of 3750 and third in the outdoor shot put with a distance of 47-10 1/2. Named Big Sky Outdoor Outstanding Female Field Athlete and is a member of the ISU Athletic Hall of Fame.

**Nathan Houle, Head Cross Country Coach/Assistant Track and Field Coach –**

**Career accomplishments:** NCAA West regional qualifier at Southern Utah University and holds the fifth best-time in the 800m. As an assistant at SUU, he coached mid-distance and steeplechase events. Within one year of his arrival, SUU was ranked No. 27 in 2013 and finished the 2014 NCAA championships ranked No. 22. Coached 18 all-conference athletes, seven NCAA Championship first-round qualifiers, four NCAA all-region athletes, two NCAA cross country championships individual qualifiers and one NCAA track and field All-American.

**Joe Silvers, Assistant Coach ( Jumps, Combined Events, and Pole Vault) – Career accomplishments:** Silvers coached the University of North Dakota Fighting Hawks men and women to 7 conference championships, 15 school records, and 96 entries in UND's All Time Top 10 lists. Prior to North Dakota, Silvers was a member of the Idaho State Track and Field team. He competed for the Bengals from 2005 to 2009. After completing his bachelor degree Silvers coached at ISU for two years while completing his masters in Athletic Administration.

**Dan Walker, Assistant Coach (Pole Vault and Throws) – Career accomplishments:** Walker has coached 15 All-Americans and three NCAA high jump champions. Eight All-Americans competed in the high jump, five competed in the javelin throw, one competed in the triple jump and another competed in the men's heptathlon. Walker has coached Big Sky Conference champions in each field event.

